



Wire to Wire

Newsletter for the Patients,
Family and Friends of

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Orthodontic 911: What to do

Loose or Broken Bracket:
Leave it in place unless it bothers you. If it is uncomfortable, place wax on it until your next appointment.

Loose or poking wire:
Try to place the wire back in place with tweezers or a blunt object (pencil eraser or popsicle stick). If this is not possible, clip the wire with fingernail clippers behind the last tooth to which it is securely fastened. If there is any discomfort, place wax on it.

Broken Retainer or Appliance:
Call the office immediately. Broken appliances can be very uncomfortable. If you are uncomfortable, call the office and we will do our best to help.

November Office Hours

Regular hours

Monday-Thursday 9-5

Special Hours

November 4 Office Closed

November 15 Office Closed

November 23 Office Closed

November 24 Office open 9-12

November 25-28 Office Closed

The office will close on November 24 at 12 for the Thanksgiving holiday.

Give Thanks for Good Teeth!

Each year families sit around the dinner table to share a meal and give thanks for all that life has provided for them. As you dream about the turkey and stuffing this year, why not also focus on giving thanks for healthy teeth and gums. Good dental health is something most people take for granted until something causes our teeth to fail. While you enjoy your Thanksgiving feast, let's not forget about the people who can't eat a real Thanksgiving dinner because of missing teeth or poor dental health.

We all love Thanksgiving, let's face it - we all love to eat! In order to keep our teeth and gums in good, working condition remember the following three rules:

1. Brush at least **TWICE** a day! (And don't forget to brush after that Thanksgiving Dinner!)
2. Floss **REGULARLY!** (You don't want stuffing stuck in between your teeth!)
3. Visit your dentist every 6 months for a check-up! (Schedule a cleaning after the holidays to make sure your choppers are in great condition!)

So, "gobble" up the turkey and cranberry sauce, but don't forget to brush and floss afterwards. Your teeth and gums will thank you for it!



Terrific Teeth Activity Page



Circle the hidden words! Words are forwards, backwards, diagonal, up and down!

G U M Q J C A S S I E C A N D
P L S E L I M S M T M O L A R
T D E N T I S T S Q U J A W S
S M U G N T P A C N A I B A C
T O B A E E P M S F K R R G N
F O E I L H L P W L U A A E R
R L D L T T A R I S T E C S Y
C Q O O V E Q M H S C H E W A
L W O S Q U U D E C A Y S P L
A T F S S T E E T H T I M E S
R X M M O U T H G U A R D T O
O R T H O D O N T I C S R A C

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|-----------------|-----------|----------------|-----------|------------|
| 1. Mouthguard | 6. Teeth | 11. Bite | 16. Star | 21. Jaws |
| 2. Dentist | 7. Milk | 12. Decay | 17. Clean | 22. Braces |
| 3. Orthodontics | 8. Brush | 13. Gums | 18. Food | 23. Cassie |
| 4. Plaque | 9. Oral | 14. Toothpaste | 19. Chew | 24. Bianca |
| 5. Smile | 10. Floss | 15. Diet | 20. Molar | 25. Time |